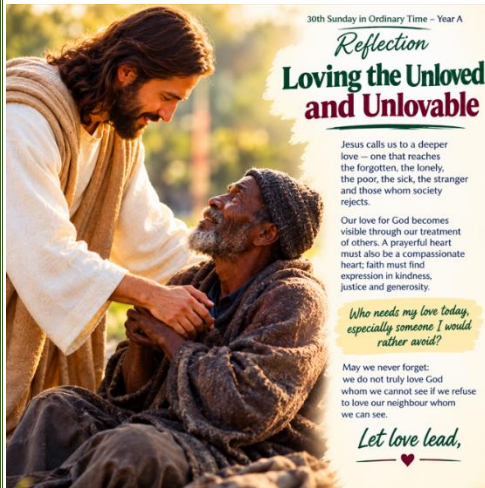


Let us pray that the mental health ministry be established throughout the Church, helping overcome the stigma and discrimination of persons with mental illness.



Loving the Unloved and Unlovable.

In today's Gospel, Jesus gives us the greatest commandment: to love God with all our heart, soul and mind, and to love our neighbour as ourselves (Matthew 22:37–39).

There is a beautiful story about St John the Apostle, who, in his old age, repeatedly preached just one message: “My little children, love one another.” This simple message captures the heart of Christianity.

But true love goes beyond loving those who love us, those who agree with us, or those who can do something for us. Jesus calls us to a deeper love—one that reaches

the forgotten, the lonely, the poor, the sick, the stranger and those whom society rejects.

Sometimes, the person who needs our love most is the one we find difficult to love. It may be someone who has offended us, a colleague we struggle to understand, or a vulnerable person whose needs inconvenience us.

Our love for God becomes visible through our treatment of others. A prayerful heart must also be a compassionate heart; faith must find expression in kindness, justice and generosity.

This Sunday, let us ask ourselves: Who needs my love today, especially someone I would rather avoid? We may not be able to change the whole world, but a simple act of kindness can restore hope to another person.

May we never forget: we do not truly love God whom we cannot see if we refuse to love our neighbour whom we can see.

Let love lead, for where love lives, God is present. Fr Jude Still Prays For You And Your Family.

All Souls: Monday 2nd November

Candles: Small electric candles will be blessed at the end of the 7pm Mass at St Cuthbert Mayne on Monday 2nd November. The Mass will start with exposition of the blessed Sacrament at 6:30pm. The candles will be distributed around our graves in the cemetery, and the rosary will be prayed. This is a Polish tradition that we would like to invite all members of our parish to join us in.

Mass intentions

November is the month of Holy Souls. We pray for all deceased members of our Parish, family and friends. If you would like a mass offering for a deceased loved one, please use Mass intention envelopes available in each Churches. You can return them to the Church, Presbytery or put the envelopes in the collection.

Book and envelopes of remembrance

The book of remembrance will be made available at the back of each Church during November. You are welcome to place the names of departed parishioners, relatives and friends in the book which will be brought up in offertory procession at Sunday Masses and placed near the altar so that we can commend them to the mercy of God, together with all the faithful departed. This year we also have “**month of the Holy Souls**” **envelopes in each church**. Please bring them on the 2nd or bring to the altar before Mass this November.

Sacraments in 2027

First Holy Communion 6+

First Holy Communion preparation will be starting in November for children who will be seven next year. Please let Clare or Fr Jude know if you would like to enrol your child by the 1st November.

Confirmation 11+

We will celebrate Confirmation in the Parish in May 2027 for young people, rising 11 year olds, or above. **Confirmation preparation will start at 11am on Saturday 31st October in the Church Hall at Launceston.** If you would like to be confirmed please contact the office or Fr Jude.

RCIA / Exploring the Catholic Faith

Adults who are not Catholics, or Catholic adults who are not confirmed, and would like to discover more about the Catholic faith, are welcome to come to sessions which will be held in the Charles Langdon Room (the Church Hall) at St Cuthbert Mayne, starting in the autumn. Please contact the office or Fr Jude if you are interested.

Clare: 01566 773166, launceston@prcdtr.org.uk or pop into the office

Fr Jude: 07881193951

Children's liturgy open to all primary aged children

Children's liturgy is for all children aged between 4-11 years old. Children younger than 5 should be accompanied by an adult. Older children are welcome to come if a younger sibling needs support. Equally, if any young people in the Parish would like to come to help the leaders, please speak to a member of the children's liturgy team.

Children's liturgy: volunteers needed!

Children's liturgy continues to thrive and the children are growing in their faith and relationships with each other. We are a small team and need new volunteers. We need two DBS checked adults to run each session - one to lead and one to support. Therefore we are looking for anybody who would like to volunteer to be a supporting adult - you would simply need to be there as the supporting presence. This could be a regular or occasional commitment, all help welcome! Please contact Elizabeth elizabethbourgoin@gmail.com or Clare in the office.

World Day of the Poor Event – The Lord is the Refuge of the Poor

Join Caritas Diocese of Plymouth to celebrate the 10th World Day of the Poor on Saturday **14th November 2026**, 11am-4.30pm, At the newly opened St James Catholic Church, 40 Old Road, Tiverton, Devon, EX16 4H J with Bishop Nicholas opening the day and closing with mass, keynote speaker, David Wells reflecting on Pope Leo's message and also Canon Kristian Paver who will talk on the new church at Tiverton. A simple lunch will be provided. Registration is essential for this free event and early booking is advised. To register, click [10th World Day of the Poor Event: Tiverton – Fill in form](#), email  **caritas** diocese of plymouth caritas@prcdtr.org.uk or tel: 01364 645440



Missio Red Boxes

Please can all full red boxes be returned to Church so the annual return can be completed for Missio. There are a few outstanding.



Coffee and Tea after Mass: This takes place after each of our Sunday Masses. It is an opportunity to meet others and build community. **All are welcome**

Local hospital chaplains

As a first point of contact it is recommended that you call the chaplaincy phone number at the relevant hospital.

Barnstaple, North Devon District Hospital

Chaplain: Fr. Peter Morgan

Email: peter.morgan@prcdtr.org.uk

(01271) 322362

Exeter, Royal Devon & Exeter

Chaplain: Fr. Petroc Cobb

Email: petroc.cobb@prcdtr.org.uk

Tel: (01392) 402024

Plymouth, Derriford Hospital

Chaplain: Rev. Deacon Simon Fletcher

Email: simon.fletcher@prcdtr.org.uk

Chaplaincy (01752) 245255

SVP. Your local SVP rep is Geoff Provis. If you need any sort of help, please tell Father Jude (07881193951) or contact Geoff on 07563635480 / 01566 775820.

If you would like to become more involved with the work of SVP new members are always welcome. Please contact Geoff for more information.



The Legion of Mary

Every Sunday at 9am in the church Hall.

Prayer and service under the patronage of Mary

Tel. Steve 07765088510

Safeguarding Reps:

Tom O'Sullivan (Bude) Tel: 01288 361984

Stephen Winders (Callington) Tel: 07821532052

Hannah Cadden (Launceston) Tel: 07493054164

Useful Links to Keep in Touch

Facebook: Catholic Parish of St Cuthbert Mayne (updates and link to YouTube page)

YouTube: St Cuthbert Mayne RC Parish (for Masses, reflections, and prayers)

Webpage: <http://www.stcuthbertmayne.org.uk/> (newsletters, updates etc)

CARITAS: <https://www.caritasplymouth.org.uk/> (information and updates)

Cathedral:

<https://www.plymouthcathedral.co.uk/> (Mass and prayers)

PLEASE REMEMBER IN YOUR PRAYERS THE SICK AND HOUSEBOUND

and especially for:

Jenny Hill,

Jason Mather,

Cath Butland, Leah Bennett, Jenny

Potier, Su Paget, Marlene Provis,

Barbra Daly, Dee O'Connell and

Jaqueline Plumb

~~~~~  
*May the Lord bless them,  
and all who care for them*  
~~~~~

**Mass Intentions can still be booked,
please contact the parish secretary**

Children's Liturgy Every Sunday at St Cuthbert Mayne Church

Parish Priest: Fr Jude Udokwu

Fr Kevin O'Connell: (Retired Priest, resident in Bude)

The Presbytery, 21 Mayne Close, St Stephen's Hill, Launceston, PL15 8XQ

Email: launceston@prcdtr.org.uk **Tel:** 01566 773166

Parish Office hours: Tuesday, Thursday & Friday: 8.30am – 2.30pm

Website: www.stcuthbertmayne.org.uk

Facebook: Catholic Parish of St Cuthbert Mayne Church

Parish Administrator: Clare Hartley-Mead: 01566 773166

A parish of the Catholic Diocese of Plymouth Registered Charity No: 213227