

Catholic Parish of St Cuthbert Mayne, Launceston
incorporating the communities of **St Peter's, Bude** and
Our Lady of Victories, Callington



in manus tuas domine

Week beginning 28th July 2024
Seventeenth week in Ordinary Time: Year B

Saturday 27th July ~ First Mass of Sunday

Bude 5:00pm Holy Mass Int: Anna and Bob Raw RIP

Sunday 28th July ~ Seventeenth Sunday in Ordinary Time

Callington 8:30am Holy Mass Int: Private Intention

Launceston 10:30am Holy Mass Int: People of the Parish

Tuesday 30th July

Launceston 7:00pm Holy Mass Int: Sick & Housebound Parishioners

Wednesday 31st July ~ St Ignatius of Loyola Pr (1491-1556)

Bude 10:00am Holy Mass Int: Holy Souls

Thursday 1st August ~ St Alphonsus Liguori Bp Dr (1696-1787)

Launceston 8:30am Holy Mass For political leaders

Friday 2nd August

Callington 10:00am Holy Mass Int: For the pastoral care of the sick

Saturday 3rd August

Launceston 9:30am Sacrament of Penance

10:00am Holy Mass Int: For those who have lost their faith

10:30 am Rosary and Exposition of the Blessed Sacrament

Saturday 3rd August ~ First Mass of Sunday

Bude 5:00pm Holy Mass Int: Moira Allen RIP

Sunday 4th August ~ Eighteenth Sunday in Ordinary Time

Callington 8:30am Holy Mass Int: People of the Parish

Launceston 10:30am Holy Mass Int: For Grandparents & the Elderly



Pope's Intention for the month of July:

For the pastoral care of the sick.

Let us pray that the sacrament of the Anointing of the Sick grant the Lord's strength to those who receive it and to their loved ones, and that it may become for everyone an ever more visible sign of compassion and hope.

Pope's Intention for the month of August:

For Political Leaders.

Let us pray that political leaders be at the service of their own people, working for integral human development and the common good, taking caring of those who have lost their jobs and giving priority to the poor.

Live simply – to live in a world without litter and plastic pollution, where nature thrives

Bude Beach Clean Thursday 18th July

Eight parishioners from Bude and Launceston came together on a gloriously sunny day to take part in a beach clean event as part of our Live Simply award. It was a bespoke session kindly hosted by the '2 Minute Foundation', a national charity who are environmental educators highlighting the detrimental effects that plastics have on the environment. We were told about the microplastics and nurdles.

Nurdles, or plastic 'pellets', are tiny granules of plastic less than 5 millimeters in size that are used in industry to manufacture all kinds of plastic products. These tiny particles are ending up in our food chain! In the EU alone, up to 23 billion plastic nurdles end up in the environment every day. In one year, this amounts to an inconceivable 8 trillion nurdles that equates to 160 million kilos.



Five of the group then went on to Summerleaze Beach and within a few minutes we had all collected cups full of microplastics and a few nurdles, while the remainder of the group stayed on the cliff top and spent time painting excellent scenic watercolours.

Listening to the sea we were asked to close our eyes and express what we felt – so many descriptive words described that moment; peaceful and soporific!!. We ended the session by visiting the rockpools on Crooklets Beach. We saw a shrimp or two and learnt which of the seaweeds were edible.

It was a very worthwhile, rewarding, and educational experience. A huge thank you to Claire from the '2 Minute Foundation' for her time and Margaret Coles for organising the afternoon.

Please follow the link to the '2 Minute Foundation' if you would like further information about their work and also the opportunity to donate to them [The 2 minute foundation: Home](#).

World day for Grandparents & the elderly

On **Sunday July 28**, we celebrate the fourth World Day of Grandparents and the Elderly. The date is chosen to coincide with the Feast of Saints Joachim and Anne (grandparents of Jesus) last Friday.

Pope Francis has chosen the theme "Do not cast me off in my old age" (cf. Psalm 71:9).

You can find resources at www.catholicgrandparentsassociation.org

Volunteers needed:

We are in need of extra **church cleaners and flower arrangers in Launceston** and a new **Finance Committee member, preferably to represent Bude**. If you would like more information about any of these roles, please speak to Fr John or contact Clare at launceston@prcdtr.org.uk

The Letter viewing Saturday 27th July



We choose to Live Simply because globally it's complex. Our response to Pope Francis' global Letter will be brought up to date, through discussion, now that we have a new perspective. **Discussion and screening will be at St Cuthbert Mayne Church, in the Langdon Room, on Saturday 27th July at 11.30.** Separate dates for Bude and Callington will be organised.

To Live Simply please bring your own packed lunch (not a shared lunch) and we will provide tea and coffee. Also, car share where possible.

Join us at the Eucharistic Congress

Sat 14th Sept: Oscott, Birmingham

A coach will leave our diocese to take pilgrims from across our five deaneries to this faith-affirming national event. It will include talks, mass and a procession. **Please ring (01202) 746539 or email christopher.findlay@prcdtr.org.uk ASAP if would like to join us.**

Sunday 1 September – World Day of Care for Creation.

“As we journey towards the Holy Year, I urge everyone to become pilgrims of hope, setting tangible goals for a better future. Let us not forget to keep “the little details of love” (Gaudete et Exsultate, 145): stopping, drawing near, giving a little attention, a smile, a caress, a word of comfort.” Pope Francis, Message for World Day of the Poor 2024

Care for Creation Dorset Event Tuesday 24 September in Dorset (venue tbc) 7-9pm
<https://forms.office.com/e/2eh7Jcg5Vx>

Promoting Racial Justice Event Thursday 26th September in Exeter (venue tbc) 6pm-8pm
<https://forms.office.com/e/znv7TV8JL6>

World Day Against Trafficking in Persons - 30th July

The 30th July is the annual World Day Against Trafficking in Persons, which is an event to raise awareness and increase prevention of people trafficking and modern day slavery.

The theme this year is, 'Leave no child behind in the fight against human trafficking'. One in three victims of trafficking are children, with girls being disproportionately affected. Children are also twice as likely to be subjected to violence during trafficking than adults. Children will experience various forms of trafficking including forced labour, criminality or begging, online and sexual abuse and exploitation, and being trafficked for illegal adoption.

If you would like support, or you are concerned about someone else, please contact:

The Safeguarding Office – Please call us on 01364 645430 between Monday to Friday, from 9am to 4:30pm.

Unseen – A UK charity that provides safe houses and support in the community for survivors of trafficking and modern slavery.

24/7 Modern Slavery and Exploitation Helpline: 08000 121 700

<https://www.unseenuk.org/working-with-survivors/>



Coffee and Tea after Mass:

This takes place after each of our Sunday Masses. It is an opportunity to meet others and build community. **All are welcome**



The legion of Mary, is a pious organisation in church dedicated to praying the rosary and propagating the gospel welcomes new members to her weekly meetings held **every Sunday at 9am in the upper room at St Cuthbert Mayne Launceston**



Children's Liturgy

Every Sunday at St Cuthbert Mayne Church

Ave Maria Crisis Pregnancy

Support: support line open 7 days a week between 7.30pm – 9.30pm
Tel: 01752 916076.

Safeguarding Reps:

Geoff Provis (Launceston) Tel: 01566 775820
Tom O'Sullivan (Bude) Tel: 01288 361984
Stephen Winders (Callington) Tel: 07821532052

Useful Links to Keep in Touch

Facebook: Catholic Parish of St Cuthbert Mayne (updates and link to YouTube page)
YouTube: St Cuthbert Mayne RC Parish (for Masses, reflections, and prayers)
Webpage: <http://www.stcuthbertmayne.org.uk/> (newsletters, updates etc)
CARITAS: <https://www.caritasplymouth.org.uk/> (information and updates)
Cathedral: <https://www.plymouthcathedral.co.uk/> (Mass and prayers)

PLEASE REMEMBER IN YOUR PRAYERS THE SICK AND HOUSEBOUND

and especially for:

Jenny Hill, Christina Murphy, Jason Mather, Cath Butland, Leah Bennett, Jenny Potier, Su Paget, Gina Dias, Jane and Kevin O'Mahoney and Barbara Daly

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*May the Lord bless them, and all who care for them*  
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Mass Intentions can still be booked, please contact the parish secretary

Parish Priest: Canon John Deeny

Fr Kevin O'Connell: (Retired Priest, resident in Bude)

The Presbytery, 21 Mayne Close, St Stephen's Hill, Launceston, PL15 8XQ

Email: launceston@prcdtr.org.uk **Tel:** 01566 773166

Parish Office hours: Tuesday, Thursday & Friday: 8.30am – 2.30pm

Website: www.stcuthbertmayne.org.uk

Facebook: Catholic Parish of St Cuthbert Mayne Church

Parish Administrator: Clare Hartley-Mead: 01566 773166

A parish of the Catholic Diocese of Plymouth Registered Charity No: 213227