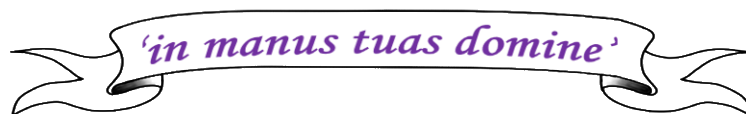


**CATHOLIC PARISH OF St Cuthbert Mayne, Launceston
incorporating the communities of
St Peter's, Bude and Our Lady of Victories, Callington**



**Week beginning Sunday 14th March 2021
Fourth Sunday of Lent ~ Laetare Sunday**

Saturday 13th March ~ First Mass on Sunday

Bude 5.00pm Holy Mass Int: People of the Parish

Sunday 14th March ~ Fourth Sunday of Lent ~ Laetare Sunday

Callington 8.30am Holy Mass

Launceston 10.30am Holy Mass Int: Tony Deeny RIP

Tuesday 16th March

Launceston 10.00am Holy Mass Int: Pauline Trace RIP

Wednesday 17th March ~ St Patrick Bp Missionary ~ Patron of Ireland

Bude 10.00am Holy Mass Int: Holy Souls

Thursday 18th March

Launceston 9.30am Holy Mass

Friday 19th March ~ St Joseph ~ Spouse of the Blessed Virgin Mary

Callington 10.00am Holy Mass Int: Sick & Housebound Parishioners

Saturday 20th March ~ First Mass on Sunday

Bude 5.00pm Holy Mass

Sunday 21st March ~ Fifth Sunday of Lent

Callington 8.30am Holy Mass Int: People of the Parish

Launceston 10.30am Holy Mass Int: William Bye RIP



**It is mandatory to wear a facemask when attending Mass, please wear one.
You can either wear your own or use one of the disposable facemasks available.**

**Please remember to bring along your completed Track and Trace forms,
only one form is required per household.**

Those who scan the QR Code, can you please also complete a Track and Trace form.

Please ensure you sanitise your hands when entering and exiting the church.

Sacrament of Penance

Bishop Mark has provided guidelines for priests on how to safely hear confessions with covid restrictions in place. A copy can be found attached to the newsletter which you may find helpful.

Fr John will be available for Confessions during Lent half an hour before each weekday Mass.

During Lent, please check the Parish Facebook page and Youtube channel for Lenten Reflections from Fr John. Links can be found on the last page of the newsletter.

Join **Fr John** for **Morning Prayer** via Zoom this **Saturday 13th March** at **10am**. It will follow the morning prayer from the Universalis. Click on this link [Universalis](#) to access the daily prayer or to download the app. Details for the Zoom meeting have been sent out by a separate email, please check your inbox.

Pope's Intention for the month of March:

Sacrament of Reconciliation

Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

Chemin Neuf Community, Sclerder Abbey Online Quiet Day, 17th March 10am ~ 4pm am - introduction, prayer

pm - suggested personal activities, time together

The day will be led by members of the Chemin Neuf Community. There is no set charge for the day, but donations would be gratefully received. To register, please email: sclerder@chemin-neuf.org

Marriage Care provide live, facilitated, marriage preparation courses via Zoom. They provide group courses called "[Preparing Together](#)" which have received an Imprimatur from Cardinal Vincent Nichols, and [FOCCUS](#) – a tailored questionnaire-based marriage preparation service for couples who wish to explore their own unique relationship in more depth. Both courses are approved for marriage preparation in the Catholic Church. You can find out more and book a course [here](#).

They also provide **Relationship Counselling** for those seeking support if they are experiencing relationship distress. Their professional relationship counselling service is provided on a donation-only basis. You can find out more and book counselling sessions [here](#).

Laetare Sunday

Laetare is the first word — meaning "rejoice" — in the Latin text. On **Laetare Sunday** (as similarly with the Third Sunday of Advent's **Gaudete Sunday**) the Church expresses hope and joy in the midst of our Lenten fasts and penances. The vestments worn that day are pink — or, more fittingly, rose — this change in colour indicates a glimpse of the joy that awaits us at Easter, just before we enter into the sombre days of Passiontide.

SimplyCatholic

Fr Robbie Lowe, the parish priest at St Mary & St Petroc, Bodmin has written a children's book called '**Mama Mia and the Pizza Pie Party**'. A story of friendship and faith set in a small town not far from Rome. You can obtain a copy from the Presbytery for £5 or go to [Aid to the Church in Need](#), all proceeds going to help children in war zones.



CARITAS Plymouth are looking to grow the Justice and Peace activities in the Diocese of Plymouth to offer connections between existing Justice and Peace groups to share ideas, opportunities for action, access to related agencies, friendship, solidarity and mutual support.

If you are interested in finding out more please contact Deborah, the Caritas Manager, on 01364 645421 or email caritas@prcdtr.org.uk

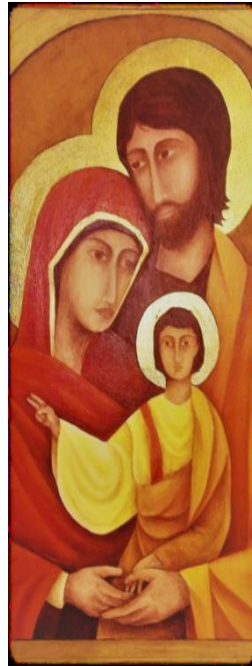
Plymouth Diocesan Ignatian Spirituality Group

are providing online retreats in the Diocese of Plymouth. These online retreats/days of accompanied prayer in the Ignatian tradition are open to Christians of any denomination who would like to step back a little from everyday life and review their journey in faith and be strengthened in their vocation as disciples of the Lord. For further information, or to book please contact the Diocesan Ignatian Spirituality Group by email: diocesan-ignatian-retreats@prcdtr.org.uk or telephone: 01752 769164 or 07823447637.

Prayer for Mother's Day

Loving God,

We thank you for the love of all mothers, including those who have departed from this world. Their love is so precious that it can never be measured, whose patience seems to have no end. We ask you to bless them with your own special love and may your loving hand guide them. Amen.



Friday 19th March Solemnity of St Joseph Spouse of the Blessed Virgin Mary

'The greatness of Saint Joseph is that he was the spouse of Mary and the foster father of Jesus.' Saint Joseph ***'employed his legal authority over the Holy Family to devote himself completely to them in his life and work.'***

Pope Francis

'Year of St Joseph'

*Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary,
to you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too, show
yourself a father and guide us
in the path of life.*

*Obtain for us grace, mercy, and courage
and defend us from every evil. Amen.*

Catholic Children's Society (Plymouth) have launched new **Patchwork Parenting** online courses to run in the evenings, for parents of primary and secondary children. Also, virtual support sessions for parents and carers from across the Diocese to discuss the joys and difficulties of raising children. For more information on both of the above please visit: <https://www.facebook.com/CatholicChildrensSocietyPlymouth/> Due to successful bidding to various trusts and funds, the CCSP will be able to provide financial support to vulnerable children and their families through their Essential Grants programme. If you need help or know of a family who needs help, go to their website www.ccsplymouth.org.uk for more information or call **01364 645420** or email ccs@prcdtr.org.uk

A letter has been received from CAFOD thanking the parish for the recent donations from the small change boxes.

Church Offerings

If you would like to continue to give your weekly cash offering you can arrange a standing order either through on-line banking or by a banker's form, please contact the parish secretary. For those who are taxpayers please consider signing a Gift Aid form so the parish can claim back 25p in every pound given. **If you would like to send a cheque for your offerings, please make it payable to St Cuthbert Mayne Church and mail it to the Presbytery, address at the bottom of the page.**

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£500.37 weekly standing orders for February  
Thank you for your continued generosity.

### Safeguarding Reps:

Geoff Provis (Launceston) Tel: 01566 775820  
Piri Gallington (Callington) Tel: 07958 614222  
Tom O'Sullivan (Bude) Tel: 01288 361984

### Useful Links to Keep in Touch

**Facebook:** Catholic Parish of St Cuthbert Mayne (updates and link to Youtube page)  
**Youtube:** St Cuthbert Mayne RC Parish (for Masses, reflections, and prayers)  
**Webpage:** <http://www.stcuthbertmayne.org.uk/> (newsletters, updates etc)  
**CARITAS:** <https://www.caritasplymouth.org.uk/> (information and updates)  
**Cathedral:** <https://www.plymouthcathedral.co.uk/> (Mass and prayers)



### Children's Liturgy

The following link is another resource for children's liturgy which can be found on Facebook.  
<https://www.facebook.com/Childrens-Liturgy-during-lockdown-101967264838340/>

**Ave Maria Crisis Pregnancy Support:**  
support line open 7 days a week  
between 7.30pm – 9.30pm  
Tel: 01752 916076.

**PLEASE REMEMBER IN YOUR PRAYERS THE SICK AND HOUSEBOUND and especially for:**  
**Ann Japes, Christopher Scott, Colin Barrett, Jenny Hill, Marie Shaw, Kevin O'Mahoney, Christina & Barry Murphy, Peter Scott, Jason Mather, Ivan Reeves, Connor Robinson Cath Butland, and Leah Bennett.**

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May the Lord bless them, and all who care for them

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*Mass Intentions can still be booked, please contact the parish secretary*

**Parish Priest: Canon John Deeny VG**  
**Deacon Richard Edwards**  
**Fr Kevin O'Connell: (Retired Priest, resident in Bude)**  
**The Presbytery, 21 Mayne Close, St Stephen's Hill, Launceston, PL15 8XQ**  
**Email: [launceston@prcdtr.org.uk](mailto:launceston@prcdtr.org.uk) Tel: 01566 773166**  
**Parish Office hours: Tuesday-Friday 9.00am – 1.00pm**  
**Website: [www.stcuthbertmayne.org.uk](http://www.stcuthbertmayne.org.uk)**  
**Facebook: Catholic Parish of St Cuthbert Mayne Church**  
**Deacon Richard Edwards: 07712 677119**  
**Parish Administrator: Naomi Davis: 01566 784118**  
**A parish of the Catholic Diocese of Plymouth Registered Charity No: 213227**

## Guidance for the Celebration of the Sacrament of Penance during Lent, Holy Week and Easter

### **General Principles**

Lent, Holy Week and Eastertide are privileged times during which the faithful are invited to celebrate the Sacrament of Penance. I would ask that priests therefore be **generous** in offering opportunities for the celebration of the Sacrament. This will need to be done whilst continuing to observe carefully the guidance issued by the Bishops' Conference of England and Wales on 24 June 2020 in order to minimise the risk of the spread of Covid-19 and to ensure the safety of both the penitent and the confessor. This advice will be in place till at least the 21<sup>st</sup> June, and possibly longer.

The availability of the *Sacrament of Penance* in a particular parish will vary, particularly due to the physical configuration of the church building, the ability or otherwise of ensuring the observance of sanitisation rules, and the vulnerability of the priest on account of age or underlying medical conditions.

If the local situation and weather conditions permit, the possibility of celebrating the *Sacrament of Penance* outside the church building, for example, in the church carpark or grounds, should be given due consideration.

Whether celebrated inside the church building or outside, great care should be taken to ensure that the confession cannot be overheard by third parties. At the same time, for the safety of all concerned, the priest should observe established safeguarding norms such that he and the penitent are not hidden from view. When indoors, whilst the use of "closed" confessionals should be avoided (unless 'Roman style'), it is recommended that there be a fixed barrier between himself and the penitent wherever possible.

The extent to which the celebration of the Sacrament of Penance will be available in a particular parish will ultimately be down to the discretion of the priest concerned, having applied the above general principles to the concrete circumstances of each parish community. Again, I ask you to be as generous as you can.

### **General Confession and Absolution**

A number have asked about this, given present circumstances. The reality is that the conditions required for the valid celebration of the Third Rite of the Sacrament of Penance, commonly referred to as General Absolution, are not verified at this time. Thus, Penitential Services with General Absolution cannot be offered.

+Mark O'Toole  
Bishop of Plymouth