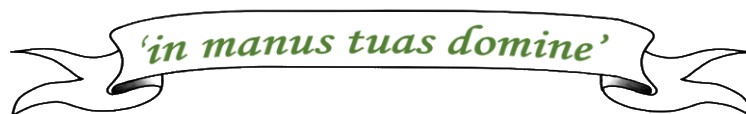


**CATHOLIC PARISH OF St Cuthbert Mayne, Launceston
incorporating the communities of
St Peter's, Bude and Our Lady of Victories, Callington**



**Week beginning Sunday 21st June 2020
Twelfth Sunday in OT: Year A**

Dear Parishioners

Welcome back!

The good news is that our churches are opening this weekend for the first time since mid-March, for private prayer.

The Archbishop of Southwark beautifully expresses the significance of our returning to church and some suggestions for prayer in a reflection which you can find further down in this week's newsletter.

Bishop Mark congratulates us on managing to get all 3 of our churches open, albeit to begin with, for short periods of time. We will see how this week goes and review the situation on a regular basis.

My thanks again to the stewards and cleaners who have volunteered. We, of course, are limited as to how often we can open depending on the availability of those who can help, many of whom are working.

Here are a few practical pointers if you do come to church this weekend:

- Please be patient. I am sure we will have much to improve on, and will learn from experience.
- Be prepared for the changes made.
- There is no need to arrive at the opening time. The more times are staggered, the better. We would prefer to avoid Tesco-style queuing if possible.
- There is no requirement/obligation to come. If you don't feel confident enough, stay at home. We will keep all parishioners in prayer.
- Please follow the guidance of the stewards at the door.
- Votive candles will not be available. The use of hand gel, which is highly inflammable, would make the lighting of candles rather dangerous.
- You are welcome to wear facemasks, but there is no obligation.
- The toilets will not be open.
- Be aware that the capacity of each of our churches, with social distancing in place, is very limited.

God bless you,
Fr John

Please remember in your prayers the following:

Sunday 21st June ~ Day for Life

Holy Mass
Callington 8.30-9.30am Int: People of the Parish
Launceston 10.30-11.30am Private Prayer

Monday 22nd June ~ St John Fisher Bp M & St Thomas More M

Holy Mass

Tuesday 23rd June ~ St Edward – King M

Holy Mass Int: The Bitelli Family
Launceston 7.00-8.00pm Private Prayer

Wednesday 24th June ~ The Nativity of St John the Baptist

Holy Mass

Thursday 25th June

Holy Mass Int: Holy Souls
Launceston 10.00-11.00am Private Prayer

Friday 26th June

Holy Mass Int: Rev Paddy Kyle RIP

Saturday 27th June ~ The Blessed Virgin Mary

Holy Mass
Bude 5.00-6.00pm Private Prayer

Pope's Intention for the month of

June: The Way of the Heart

We pray that all those who suffer may find their way in life, allowing themselves to be touched by the Heart of Jesus.

Confessions

When the churches open for private prayer Fr John will be available for confessions, by request only. They need to be by appointment and will be outdoors, while maintaining social distancing.

CAFOD URGENT APPEAL

This is an urgent fundraising request from CAFOD due to the pandemic and its effects in various parts of the world where there is no chance of social distancing or shielding and no safety equipment.

So many people are having to choose going to work to earn money and feed their families but with a high risk of contracting Covid-19 or staying at home and dying through starvation.

Watch Kayode Akintola, CAFOD's Country Representative in Sierra Leone, passionate appeal <https://vimeo.com/418056059>

Please use the following link for more information and where you can donate.

[Cafod.org.uk/coronavirusappeal](https://cafod.org.uk/coronavirusappeal)

or call **0808 5858885**. Thank you.

Reflection for the Twelfth Sunday in OT: Year A
By Deacon Richard

We need not be afraid because our life is in the hands of a loving God. Sometimes we are afraid that we will make a wrong decision. At other times, we are afraid of what others will think when we speak up for our faith. We are afraid of what the future will bring our children. We are also afraid of growing old. Sometimes we are afraid of what bad health will bring us.

At the root of these fears is the fear of loss. Every fear we have is grounded in the knowledge that we have something or someone to lose. I can lose my job, family, house, money, health and even life itself. Rejection and loss are the basis of our fears.

But in being afraid we forget one thing: whatever trouble or crisis affects us; we know that God understands it better than we do. Our Heavenly Father knows exactly what is happening. What a release from fear it should be, to know that God is on our side; that our life is in the hands of a loving God!

The next time fear grips our life we need to remember that being faithful to Christ wherever we meet him in this life is much more important than our fear of rejection and loss. Also, let us take a moment to recall some of the great promises of God. Let us remind ourselves that God cares – we are each a dear child of His, and He cares for each of us. **“Don’t be afraid; you are worth more than many sparrows.”** The last verse of Psalm 27 sums it up nicely:
“Trust in the Lord. Have Faith; do not despair. Trust in the Lord.”

***Please pray for the soul of Nicola (Nikki) Ware
who died recently and for her family and friends,
May her soul through the mercy of God, rest in peace.***

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***Please pray for the soul of Rev Paddy Kyle,  
retired Methodist Minister from Bude  
who died recently and for his family and friends,  
May his soul through the mercy of God, rest in peace.***

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***Luciana (Lucy) Giordini RIP was laid to rest
at a private ceremony last Wednesday 17th June.
May her soul through the mercy of God rest in peace.***

**PLEASE REMEMBER IN YOUR PRAYERS THE SICK AND HOUSEBOUND and especially for:
Rita O’Brien, Jenny Hill, Marie Shaw, Jim White, Kevin O’Mahoney,
Christina & Barry Murphy, Cath Butland, Peter Scott,
Jason Mather, Ivan Reeves, Connor Robinson and Leah Bennett.**

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***May the Lord bless them and all who care for them.***

### Children's Liturgy of the Word.

The following link is a resource for children's liturgy of the word. It has Sunday Liturgy for Families and Daily Prayers for Home. Please do take this opportunity to pray with your children.

<https://www.tentenresources.co.uk/primary-subscription/prayers-for-home/>

Don't forget to join  
Deacon Richard  
each week with his

**'Zoom Online Scripture Group'**.

An email will be sent out to the parish each week, with details for the forthcoming meeting.

### Useful Links to Keep in Touch

**Facebook:** Catholic Parish of St Cuthbert Mayne  
(updates and link to Youtube page)

**Youtube:** St Cuthbert Mayne RC Parish  
(for Masses, daily reflections and prayers)

**Webpage:** <http://www.stcuthbertmayne.org.uk/>  
(newsletters, updates etc)

**CARITAS:** <https://www.caritasplymouth.org.uk/>  
(information and updates)

**Cathedral:** <https://www.plymouthcathedral.co.uk/>  
(daily Mass and prayers with Bishop Mark O'Toole)

**For I, the Lord, your God,  
I am holding you by the  
right hand;  
I tell you,  
'Do not be afraid,  
I will help you'.  
Isiah 41:13-14**

### Church Offerings

**Thank you to those who have recently arranged a standing order to pay their weekly offering, it is much appreciated also to those who already pay by standing order.** If you would like to continue giving the church your weekly cash offering you can always arrange a standing order through on-line banking. Please contact the parish secretary for the standing order form. And for those who are taxpayers please consider signing a Gift Aid form so the parish can claim back 25p in every pound given.

**For those who cannot arrange a standing order, if possible, please put aside your weekly cash offerings until Masses resume. We do understand though that during these difficult times other people may be buying your essentials and you therefore need to keep your cash available to pay them.**

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Weekly amount received by standing order: £448.00
Thank you for your continued generosity

Parish Priest: Canon John Deeny VG

Deacon Richard Edwards

Fr Kevin O'Connell: (Retired Priest, resident in Bude)

The Presbytery, 21 Mayne Close, St Stephen's Hill, Launceston, PL15 8XQ

Email: launceston@prcdtr.org.uk Tel: 01566 773166

Parish Office hours: Tuesday-Friday 9.00am – 2.00pm

Website: www.stcuthbertmayne.org.uk

Facebook: Catholic Parish of St Cuthbert Mayne Church

Deacon Richard Edwards: 07712 677119

Parish Administrator: Naomi Davis: 01566 784118

A parish of the Catholic Diocese of Plymouth Registered Charity No: 213227

**A simple reflection on prayer and being in the presence of God as lockdown is eased
and a staged re-opening of churches is permitted
by Archbishop John Wilson, the Archbishop of Southwark Cathedral**

‘So today, we’re opening our church – St. George’s Cathedral, here in Southwark, after this period of lockdown. We’re opening it just for a limited time.

And here in the cathedral, we’ve got all the important social distancing measures in place. We’ve got all the signs in place. We’ve got the sanitisers at the entrance and the exit. We’ve got separate doors to come in and out. We’ll have stewards on-hand. So everything’s ready to welcome people. And I think that’s the most important aspect – we want to offer a sense of welcome – whoever you are.

If, perhaps, you want to come and pray – and maybe you’ve not prayed for a while or you’ve got out of the habit of praying – then let me offer you just some simple words of encouragement.

The first thing is to imagine your prayer as talking from your heart about the things that matter to you, to your best friend. And when you come into the church, find a quiet space. All the benches have been properly laid out, some of them put together to enable social distancing, but you can find a quiet space to sit or to kneel.

Simply close your eyes and in silence, just say to yourself, Lord God, I believe you are here. And I open my heart to you now. And then just speak from your heart. Speak to God, tell Him the things that are on your mind. Maybe the things that first are worrying you – the things that have been a real concern during this time of lockdown. Maybe about your family, maybe about your work, maybe about our city, our world. Just speak to Him from your heart, tell him anything that’s worrying you. Share it with him. And know that He’s listening.

Then perhaps think about the particular people that you want to give thanks for, the particular events that you want to give thanks for during this time of lockdown. Who’s been there for you? Who sustained you? Who’s really helped you? You want to say, “Lord, thank you that that person was there – that that experience was there”. Just let these things tumble out from your heart – don’t overthink them, just speak. And know He listens. Because He loves you.

Perhaps if you get to the point where you think you’ve said everything that you’ve got to say, just be with your eyes closed. And if you know the Our Father, just pray it quietly, slowly, savouring each word.

Prayer at its best is when it’s simple. So speak to your heart, to the God who loves you and allow Him to reassure you with His peace.’